



Patient Dental and Medical History

PATIENT NAME \_\_\_\_\_

DATE \_\_\_\_\_

Primary Reason for this dental appointment:  Examination  Emergency  Consultation

DENTAL HISTORY

Please Circle

Name of previous dentist (Optional) \_\_\_\_\_
Would you describe your present dental health as good? Comment \_\_\_\_\_
Do you think you have active decay or gum disease? \_\_\_\_\_
Do your gums ever bleed? Discuss \_\_\_\_\_
Do you brush and floss on a routine basis? Discuss \_\_\_\_\_
Do you ever feel nervous about having dental treatment? \_\_\_\_\_
Have you ever had a bad experience in a dental office? Describe \_\_\_\_\_
Do you want to keep your remaining teeth? \_\_\_\_\_
Do you like your smile? Why? \_\_\_\_\_
Do you have a specific dental problem? Describe \_\_\_\_\_
Do you ever brux or grind your teeth? Discuss \_\_\_\_\_
Have you ever had Orthodontic treatment (tooth straightening)? \_\_\_\_\_
Do you ever have clicking, popping or discomfort in the jaw joints (TMJ)? Discuss \_\_\_\_\_

Yes No
Yes No
Yes No
Yes No
Yes No
Yes No
Yes No
Yes No
Yes No
Yes No
Yes No
Yes No

MEDICAL HISTORY

Medical Doctor's name? \_\_\_\_\_
Are you under your doctor's care now? Why? \_\_\_\_\_
Have you been hospitalized in the last two years? Why? \_\_\_\_\_
Are you taking any medications, pills or drugs? Why? \_\_\_\_\_
Are you allergic to any medication or substance? What? \_\_\_\_\_
Are you pregnant? \_\_\_\_\_

Yes No
Yes No
Yes No
Yes No
Yes No

Please tick if you have any of the following:

- Heart trouble, Shortness of breath, Heart murmur, Sickle Cell Anaemia, Asthma, Chest pain, Epilepsy or seizures, Rheumatic Fever, Arthritis/Gout, Emphysema, Parathyroid disease, Congenital heart lesion, Thyroid disease, Cancer, Ulcers, Artificial heart valve, Heart Pace-maker, Sinus trouble, Tuberculosis, Hay Fever, Pain in jaw joints, Drug addiction, Heart surgery, Diabetes, Stroke, Low blood pressure, Scarlet Fever, Blood disease, Liver disease, Anaemia, X-Ray or Cobalt, Psychiatric care, Kidney disease, Hypocalcemia, Rheumatism, Fainting / dizziness, High blood pressure, Glaucoma, Allergies, Herpes, Excessive thirst, Artificial joint/hip, Venereal disease, Cold sores, Bruise easily, Frequent cough, Lung disease, Hemophilia, Blood transfusion, Osteoporosis, Hepatitis A (infect), Chemotherapy/radiation, Yellow jaundice, Nervousness, HIV/AIDS, Hepatitis B (Scrum), Cortisone medicine, Fever blisters, Swelling (feet/ankle/hand), High Cholesterol, Autism

Have you ever had any other serious illness not ticked above? \_\_\_\_\_ Yes No
Please describe in detail \_\_\_\_\_

Do you wish to speak with the doctor privately about any problem? \_\_\_\_\_ Yes No

PATIENT, PARENT OR GUARDIAN SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

MEDICAL UPDATES

I have read my medical history and confirm that it adequately states past and present conditions.

Date Exceptions Patient Signature BP Reviewed By
NONE
NONE

**EPWORTH SLEEPINESS SCORE**

The **Epworth Sleepiness Scale** is used to determine the level of daytime sleepiness. A score of 10 or more is considered sleepy. A score of 18 or more is very sleepy. If you score 10 or more on the test below you should consider whether you are obtaining adequate sleep, need to improve your sleep hygiene and/or need to see a sleep specialist. These issues should be discussed with your personal physician.

Use the following scale to choose the most appropriate number for each situation:

- |   |   |
|---|---|
| 0 = would never doze or sleep             | 1 = slight chance of dozing or sleeping |
| 2 = moderate chance of dozing or sleeping | 3 = high chance of dozing or sleeping   |

Please score yourself in each of the situations below and then total to get an idea of your Epworth Score.

<b><u>Situation</u></b>	<b><u>Chance of Dozing or Sleeping</u></b>
(a) Sitting and reading	_____
(b) Watching TV	_____
(c) Sitting inactive in a public place	_____
(d) Being a passenger in a motor vehicle for an hour or more	_____
(e) Lying down in the afternoon	_____
(f) Sitting and talking to someone	_____
(g) Sitting quietly after lunch (no alcohol)	_____
(h) Stopped for a few minutes in traffic while driving	_____
<b>Total Score</b>	_____
(This is your Epworth Score)	

**MEDICAL UPDATES**

I have read my medical history and confirm that it adequately states past and present conditions.

<u>Date</u>	<u>Exceptions</u>	<u>Patient Signature</u>	<u>BP</u>	<u>Reviewed By</u>
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____
_____	NONE	_____	_____	DR. _____

Sections 1 and 4 must be completed by all patients. Sections 2 and 3 must be completed by the relevant persons where applicable.

**SECTION 1: NEW PATIENT INFORMATION**

Date \_\_\_\_\_ Male  Female  Child  Adult

Patient's Name: Mr / Mrs /Miss \_\_\_\_\_  
Last First Middle Preferred Name

Address \_\_\_\_\_

Date of Birth (DD/MM/YYYY) \_\_\_\_\_ Email \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Employer's Address \_\_\_\_\_

Who may we thank for your referral?  Facebook  Website Ref. Name \_\_\_\_\_ Other \_\_\_\_\_

Please select appointment time preferences: AM  PM  Mon  Tue  Wed  Thu  Fri  Sat

**SECTION 2: PARENT OR GUARDIAN**

Name: Mr/Mrs/Miss \_\_\_\_\_  
Last First Middle

Marital Status: Married  Single  Divorced  Separated

Date of Birth (DD/MM/YYYY) \_\_\_\_\_ Address \_\_\_\_\_

Relationship to Patient \_\_\_\_\_ Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Employer \_\_\_\_\_ Employer's Address \_\_\_\_\_

Spouse's Name \_\_\_\_\_  
Last First Middle

Relationship to Patient \_\_\_\_\_ Email \_\_\_\_\_

Date of Birth (DD/MM/YYYY) \_\_\_\_\_ Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone 1 \_\_\_\_\_ Cell Phone 2 \_\_\_\_\_

Employer \_\_\_\_\_ Employer's address \_\_\_\_\_

**SECTION 3: INSURANCE INFORMATION**

Insurance Company: 1) \_\_\_\_\_ 2) \_\_\_\_\_

Policy Number 1) \_\_\_\_\_ 2) \_\_\_\_\_

Member Name 1) \_\_\_\_\_ 2) \_\_\_\_\_

**SECTION 4: EMERGENCY INFORMATION**

Name of nearest relative/friend not living with you \_\_\_\_\_

Complete Address \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_